

3. BUSINESS PRAYER CARD OR BOOKMARK

Grab a piece of card that will easily fit inside your wallet, purse or book. Write your list of five names onto the card before putting it in your wallet or book. Use this card as a daily reminder to pray for them.

4. PRAYER ALERTS

Add your list of five people to the alerts section of your phone and set reminders to pray for them. You could choose one name per day, or pray for all five across your day. Remember to set alerts for a suitable time where you can stop to pray for your list.

5. POST-IT NOTES

Use five post-it notes and write one name onto each. Stick them onto your mirror, above your bed or somewhere that you'll see them regularly and will be reminded to pray.

You may wish to use the following prayer

Loving Lord,
Please work in me so I can share your love, life and message with...
Reveal your love to them, that they might know, follow and witness to you,
For Your Glory. Amen.

*Using the **BLESS** acrostic can help us to focus on all of the felt needs of those we praying for:*

- **B**ody – health, protection, energy
Labour – employment/unemployment, retirement, adequate income
Emotional – inner peace, joy, wisdom, insight, patience
- **S**ocial – healthy relationships between spouses, parents, children, friends;
Spiritual – repentance, salvation, obedience, faith.
Reconciliation and love

For more information on the Thy Kingdom Come Prayer initiative please visit www.thykingdom.co.uk

Material for this booklet adapted from The Book of a Thousand Prayers © Angela Ashwin Zondervan Press 1996. New Parish Prayers © Frank Colquhoun 1982 Hodder and Stoughton



The Archbishops of Canterbury and York are inviting churches to pray for the evangelisation of the nation during the week before the Day of Pentecost 2016.

The Archbishops have written to every serving parish priest in the Church of England expressing their longing "to see a great wave of prayer across our land, throughout the Church of England and many other Churches" from 8th-15th May. The week of prayer will culminate in 'Beacon events' around the country over Pentecost weekend, where people will pray for the renewal of the Holy Spirit and the confidence to share their faith.

As part of the week of prayer we have produced a little booklet of prayers for those who would like to use them.

Please do take a copy they are free.

Some famous prayers for Quiet Reflection.

When we come to God in prayer we can use our own words but sometimes the words of famous prayers can be helpful, here are a few examples. Feel free to take time to read the words slowly and reflect on the meaning.....

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses
As we forgive those who trespass against us
and lead us not into temptation,
but deliver us from evil,
for thine is the kingdom and the power
and the glory, forever. Amen.

The Lord's Prayer.



The Lord is my shepherd, I shall not want.
He makes me lie down in green pastures;
he leads me beside still waters; he restores my soul.
He leads me in right paths for his name's sake.

Even though I walk through the valley
of the shadow of death,
I shall fear no evil; for you are with me;
your rod and your staff--they comfort me.
You prepare a table before me in the presence of my enemies; you anoint
my head with oil; my cup overflows.
Surely goodness and mercy shall follow me
all the days of my life,
and I shall dwell in the house of the Lord forever.

Psalms 23.

O Christ, tirelessly you seek out those who are looking for you and who think that you are far away; teach us at every moment, to place our spirits into your hands. While we are still looking for you, already you have found us. How ever poor our prayer may be you hear us far more than we can imagine or believe.

Brother Roger of Taize. [1915-2005]

Lord, help us to understand that because of your coming among us in the power of the Holy Spirit, prayer is no longer the knocking at a door but the opening of a window.

Alan Warren [b1932]



Praying for others.

Praying for others to know Jesus is one of the most powerful things we can do; persistent prayer for others brings transformation to their lives.

Choose five people you would regularly like to pray for and write their names down onto a list. If you're not sure who to pray for, ask God to guide you as you choose. Once you have settled on 5 names, commit to praying for them regularly.

Here are five easy ways to pray for five people regularly.

Choose the one that suits you best:

1. PIECE OF STRING

Take a piece of string or cord, and tie five knots in it to represent each of the five people you have committed to pray for. You could carry the knotted string in your pocket, tie it round your wrist or place it somewhere that you'll see it regularly. Use the knots to remind you to pray for each person on your list of five.

2. SMALL STONES

Find five small stones (light coloured ones are best) and write each of the people on your list onto each of the stones. Place them on your desk, bedside table or fireplace as a reminder to pray. Alternatively, you could place each stone in a different room of your home and pray for each person as you enter or leave the room.

